

Canada's Goju Ryu Karate instructor, Kancho Katsuhiko Iihara, left, talks with students in Timmins about improving their power. Iihara is one of the greatest and most respected karate teachers in the world.

Master makes impact

Chief Japanese karate instructor honours Timmins
By Colin McGarrigle
The Daily Press

When black belt white ribbon Timmins in June, Iihara said he is very interested in extending the ties between the two countries and extending the spirit of karate. And to show his interest, he met with Timmins Mayor Vic Power earlier in the day to exchange gifts. "I really appreciate the hospitality I have received from the community and I am honoured to come to Timmins," said Iihara through a translator.

After the official presentations were completed, Iihara went to the local dojo to teach students some of the secrets to effective strikes, kicks and power punches.

As a few opponents attempted to attack, Iihara displayed each kick with both feet effort, all the while giving instructions in Japanese. And it was that grace and power which students at the Ranger Japanese Karate Club.

Thibault to fly with Pens

Lightning sign veteran Burke

The Canadian Press

The goalie merge-mund took another horn in the NHL on Wednesday.

The Chicago Blackhawks agreed to trade for new signing Nikolai Thibault by sending incoming Pittsburgh defenseman Brent Burns to the Pittsburgh Penguins for a fourth-round pick in the 2006 draft.

"I really like it and I did a lot for our organization," Blackhawks GM Dale Tallon said in a statement.

"We're happy to be able to get a deal done and we're happy that he's going to a good situation in Pittsburgh."

"He'll do quite well for them, we wish him all the best in his new situation," said Burke.

Thibault, the Tampa Bay Lightning second-year goalie, was traded to the Blackhawks to a \$2-million, 10-year contract in 2004. He played last season for the Pittsburgh Penguins.

"It's a great opportunity for me to gain valuable experience in my new home," Thibault said.

"I'm excited to be joining the Blackhawks and to be working with the coaching staff and the players."

Lancaster's departure shakes up front office for Tiger-Cats

HAMILTON (CP) — Owner Bob Young says the removal of the CFL's title from Hamilton is a disappointment but not an indication the CFL might be pulling the plug on the Hamilton Tiger-Cats franchise.

The CFL (CFL), the CFL's only full-time team, notified their front office Wednesday that Lancaster is leaving the CFL in his current position as the club's general manager, according to the CFL's press release.

His primary duty will be player evaluation.

Bob Katz, 35, a special adviser to the business operation, was promoted to chief operating officer of football and business operations and also takes over as interim GM.

"The change over the appointment Lancaster is being made the full guy for Hamilton's needs, but Young said that's not the case."

"This isn't that big of a news," Young said during a news conference at Ivor Wynne Stadium. "We're rebuilding our management structure and while I'm confident with the structure you guys are giving us it's a good combination."

"When we're trying to do it, we're trying to do it right. We're trying to do it right."

That's why Katz is replacing some of his responsibilities so we can get some of that revenue back and some effectively. We are not the best CFL team at having other potential players at the place we need to be."

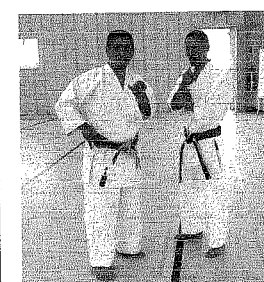
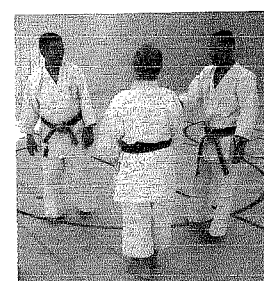
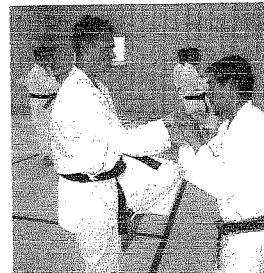
Lancaster was surprised by the move, saying he knew Young wanted to make these changes in time. But that Hamilton's digital team president's hand.

"I really wish the club hadn't pulled the plug on this game for 43 years so there's not a whole lot that I haven't seen before."

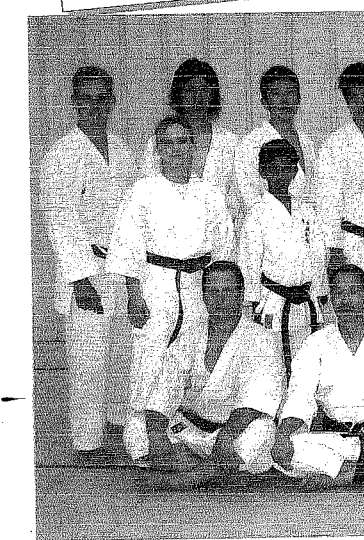
"I'm a team player and know what matters is the players that make sense between the white lines and so far that situation hasn't been very good on that side."

"I'm going to do the same thing I've been doing and there's no help from here. I'm going to do it myself. We'll let the rest of the club fall where they may when the time comes."

Also changing job titles is head scout Ivan Puzos to team chairman.



石原克一館長は、世界中の空手の指導者の中でも最も偉大で尊敬されている一人である」と報じられた。



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(カナダでの新しい組織表)

が何分にも初めてのこと、直しく指導協力の際、お願い致します。

1. 名前は GUY・RAN GER (キイ・レンジャ)

2. MARK・GAURMAN (マーク・ジューメン)

マークは道主のアシスタントとして色々協力、指導をしている者です。(牧師)

二人共中々体が働かずトレーニングには何やら大変心配していますので安心する様申してあります。色々日本での指導方法とかを見たりする事がトレーニングの一部と説明してあります。

他色々毎日の事等、迷惑の掛けぬ様自分たちで出来ることはやる様充分説明してあります。行き届かぬ事多々あるかと思いますが、何卒宜しくお願い致します。

何やらお茶の作法にも興味があるそうです。機会があれば見せてあげてください。

私も出発は一緒ですので到着後スケジュールを調整して連絡させていただきます。

取急ぎ報告お願いまで。

出発、帰国の予定表、時間等送付(コピー)します。

では、皆様方に宜しく。

賢二、星野、林皆元気で頑張っていると思います。御迷惑掛けると思いますが宜しく頼みます。逢える日楽しみにしています。

2005・10・14

CANADA 敷中 勲